

SELF DEFENSE

Personal Protection & Martial Arts Classes

**Every
Tuesday & Thursday
1900 - 2000
Odom Fitness Center,
Bldg 1507**

\$20.00 per student for 8 classes. Open to adults 18 years of age and up, with all levels available. These classes are ongoing and participants may sign up at anytime at the Fitness Center Front Desk.

*For more information,
call **301-619-3237**.*

www.detrick.army.mil/a kf



Fort Detrick, Maryland